

START, Career Coaching with a difference

With the START *Coaching* programs I help students and professionals take the right decisions on their professional path.



I believe the solution to any personal challenge exists within yourself. With the help of a coach, you are able to find the answers to your personal questions.

Coaching is the art of self-developing resources and talents, with the support of your *Coach*, in order to achieve your own established goals.

My mission is to support people in every phase of their career so they can develop and use their potential to the maximum at each stage of their life.

Our programs are tailor-made for each career phase:

START

vocacional

For High School students:

Explore career options and take the right decision

START

proativo

For University students:

Align interests, skills, and education and choose the right job

START

profissional

For professionals:

Define, prepare, and take the next step in your career

START

expat

For expats:

Understand and adapt to a foreign culture

START

aposentado

For professionals at the end of their career:

Prepare yourself for your retirement

We offer our programs in **English, German, and Portuguese**



in personal session, by telephone or skype.

START Coaching de Carreira

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